

Eating Between The Lines



EBTL Module 01 - Activity 08

Activity: Songs and Fingerplays

Outcomes: Children will understand what “eating the rainbow” means.

Teacher Information:

See the Reading section for information on how to conduct a shared reading lesson in your class.

There is a huge selection of songs and fingerplays you could do with this unit. Please visit our Links section for some websites and songs that we liked! <http://www.ebtl.org/links.html>

Poems we especially like:

Five Red Apples

Five red apples in a grocery store,
Bobby bought one and then there were four.
Four red apples on an apple tree,
Susie ate one and then there were three.
Three red apples. What did Sally do?
Why she ate one and then there were two.
Two red apples ripening in the sun,
Tommy ate one and now there was one.
One red apple and now we are done.
I ate the last one and now there are none!

Red is the Color of Food

Red is the color for an apple to eat.
Red is the color for cherries, too.
Red is the color for strawberries, I like red food don't you?

Pancake

Mix a pancake. Stir a pancake.
Pop it in a pan. Fry a pancake.
Toss a pancake. Catch it if you can.

Orange as a carrot

ORANGE as a carrot, YELLOW as a pear, PURPLE as a plum, BROWN as a bear, GREEN as the grass, BLUE as the sky, BLACK as a cat RED as cherry pie.

I Eat My Peas With Honey

I eat my peas with honey,
I've done it all my life.
It makes the peas taste funny,
But it keeps them on my knife.

Find us on the Web @ www.ebtl.org

SONGS:

If You're Healthy and You Know It! .Sing to the tune of "If You're Happy and you know it".

Strawberries, Bananas, Watermelon Too! Sing to the tune of "Twinkle, Twinkle, Little Star".

Strawberries, bananas, watermelon too;
Good for me and good for you!
They are tasty; they are sweet.
All are such a yummy treat.
Strawberries, bananas, watermelon too;
Good for me and good for you!

Two Big Lemons

(Sung to: This Old Man)

Way up high, in a tree (hold hands up as high as possible)Two big lemons smiled at me
(put hand on cheeks smile)So I shook that tree with all my power; (Pretend to shake a tree)
Down came the lemons, whoa, they were SOUR!! (make sour face)

Red Hen, Red Hen

(Tune: Baa, Baa, Black Sheep)

Red, hen, red hen, have you eggs for me?
Yes, sir. Yes, sir. A lot as you can see.
One to hard-boil.
Another one to fry.
Another one to scramble.
And Easter eggs to dye.
Red hen, red hen have you eggs for me?
Yes, sir. Yes, sir. A lot as you can see.

Four Red Cherries

(tune: "This Old Man")

Four red cherries on the tree, Two for you and two for me. So-o shake that tree and watch them fall. One, two, three, four-that is all.

Growing in a field

(Tune: "Clementine")On the farm, on the farm

is a (row or bush or tree) of (color) (fruit/veggie) (color) (fruit/veggie) . (color) (fruit/veggie) . Yummy (label as fruit or vegetable) to eat.

Example:

On the farm, on the farm

is a row of yellow corn Yellow corn Yellow corn Yummy vegetable to eat. for green use beans, watermelon, peas, and lettuce....

for orange use peaches, oranges and carrots..

For red use apples, tomatoes, cherries...

The Blueberry Bush

(tune: "The Mulberry Bush") Here we go round the blueberry bush, The blueberry bush, the blueberry bush. Here we go round the blueberry bush, So early in the morning. Pick the blueberries small and round, Small and round, small and round. Pick the blueberries small and round, So early in the morning. (Taste the blueberries, ripe and sweet.)