

Eating Between The Lines



EBTL Module 02 - Activity 01

Activity: Different kinds of salads

Outcomes

Children will become familiar with the diversity of salads.
Children will understand what foods can create salads.

You Will Need

- Flip chart paper
- Individual pieces of paper for each child

Procedure

1. Gather the children together and ask them: "What is your favourite kind of salad? Can you think of any other types of salads? What kinds of salads do other people in your family like?"
2. Record thoughts on flip chart paper.
3. Invite the children to record a description of a type of salad they would like to eat. They will be given an opportunity, within small groups, to share with others the directions for how to prepare this type of salad.

