

# Eating Between The Lines



## EBTL Module 02 - Activity 08

### **Activity:** Sorting Vegetables

#### **Outcomes**

Children will understand what foods create salads.

#### **You Will Need**

A variety of vegetables (fresh or plastic)

#### **Procedure**

1. Invite children to sort the vegetables using their own criteria (i.e. colour, shape, texture, length). Ask them to describe some of the ways they sorted the vegetables.

