

# Eating Between The Lines



## EBTL Module 03 - Activity 02

### **Activity:** What's for Breakfast

#### **Outcomes**

Children will explore a variety of breakfast foods and beverages. Children will be able to identify the names of a variety of breakfast foods and beverages, and recognize how these foods are spelled.

#### **Points to emphasize**

There is a wide variety of breakfast foods people eat. Breakfast should include a variety of different foods from across the four food groups.

#### **Vocabulary**

Diverse: differing from one another

Balance: breakfast should include foods from all four food groups

#### **Teacher Information**

See the Reading section for information about guided reading.

#### **You Will Need**

- Several copies of the book *What's for Breakfast?* by Judith Bauer Stamper, Joan Ross Keyes ISBN-13: 9780194309349
- Chart paper and markers

#### **Procedure**

1. Pre-reading activities: assess prior knowledge and get the children thinking about breakfast by asking (a) "What time of day do we eat breakfast?" (b) "What do we eat for breakfast?" Take a look at the front and back cover of *What's For Breakfast?* Have children predict what they think this book may be about. Review the author/illustrator information.
2. Picture-Walk through the book -- take a look through the book together and talk about what the pictures tell us about the story.
3. Read together.
4. Re-read independently (whisper read) or with a partner.
5. Discussion. (a) "Did you learn any new information?" (b) "Did anything surprise you?" Add new foods to the breakfast chart.
6. The reading group could survey the rest of the children to find out which breakfast food they like the best out of three choices the small group decided. Sum up your findings with a sentence. The most popular breakfast food in our class is \_\_\_\_\_.