

Eating Between The Lines



Activites for EBTL@home

Grape painting

What You Need:

- Pop Bottle Covers
- Paint
- Twigs
- Brown Yarn
- Glue

What You Do: Have the children paint the bottle cover with grape colors then use it as a stamp, making a bunch of grapes. Use twigs or brown yarn glued on top of the grapes to make the stem.

Another Scented Strawberry

What You Need:

- heavy white paper
- green paper
- cotton tipped swabs
- red and black paint
- strawberry Jello or Kool-aid mix

What You Do: Have the children cut a strawberry shape from heavier white paper and paint it red with black spots for seeds). Use cotton swabs to dab the black paint on. While the paint is wet sprinkle strawberry Jello or Kool-aid powdered drink mix to give the strawberry a strawberry scent. Use the green paper to cut out a leafy stem. Can also make lemons, raspberries, oranges, just use the corresponding Jello or Kool-aid mixes.

Lemon Paint

What You Need:

- lemon juice
- cotton tipped swabs (or paint brushes)
- paper
- newspaper
- iron (adult supervision required)

What You Do: Dip the cotton swabs (paint brushes) in lemon juice and have the children paint a picture. Let the painting dry overnight. The picture will be invisible. Place the picture under several layers of newspaper. Lightly iron over the paper with iron set on high (with no steam) until the art appears.

Food Prints

What You Need:

- various foods (apples, carrots, potatoes, etc. cut in half)
- different colours of paint
- paper
- pie plates

What You Do:

Pour paint into the pie plates. Dip the cut fruits/vegetables into the paint. Stamp the fruit/vegetable onto the paper. Optional: use markers to make food "superheros".

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